

S&C INTERNSHIP PROGRAM

IF YOU ARE CONSIDERING A CAREER IN STRENGTH & CONDITIONING THIS COULD BE THE OPPORTUNITY YOU HAVE BEEN LOOKING FOR!

THE PROGRAM

The HPSNZ S&C Intern Program is designed for persons starting out, but committed to their S&C pathway

UNLOCK YOUR POTENTIAL

- Limited places available at HPSNZ S&C hubs located in Auckland, Waikato, Dunedin, Christchurch, Wellington.
- Ability to learn from NZ's best S&C coaches across the Olympic, Paralympic and Professional Sports!
- Develop your technical expertise, your coaching philosophy, create a powerful professional network, help make a difference to the athletes of today and those of tomorrow.

LEARN FROM THE BEST

- Individual Mentors guide you through your learning journey
- Become fully integrated to the S&C team
- Gain experience across multiple sports and multiple levels of athletes
- Complete the ASCA Level 2 to develop your own S&C portfolio of programs and plans
- Learn the powerful art of reflection, self-awareness, guided observation, and develop your own "art of coaching".

IS THIS OPPORTUNITY FOR YOU?

- Can you volunteer 10-15hrs a week
- Do you have the ASCA level 1, UKSCA level 1 or the CSCS qualification or can you get this, or record of prior learning for it prior to the February start date?
- Can you drive your own learning?
- Are you open-minded, willing to learn, willing to fail, able to take and give feedback, and committed to develop the soft skills required to operate in a high-performance S&C environment?

APPLY

If you believe you've got what it takes to be part of the HPSNZ team, head to our careers site where the roles will be coming soon.