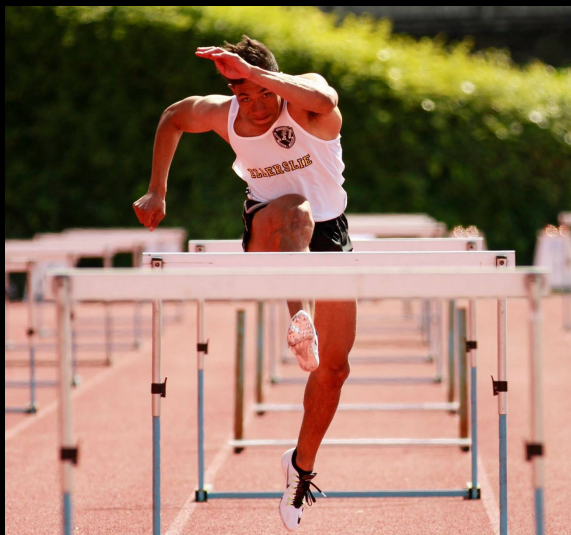


Joshua Hawkins

110m Hurdles

Coach Joe Hunter has seen the positive impact studying has had on his top hurdler Joshua Hawkins and encourages more athletes to have the mix of sport and study. **“The opportunity for education to help set Josh up for a bright future after his sporting career is invaluable,”** says his coach. **“This along with the guidance of Athlete Life has help encourage favourable behaviours fitting of a person who will excel in both education and sport”**

Joshua is studying towards his Masters at the University of Auckland. **“University of Auckland has been great for me. It’s a comforting feeling, having the support of the University as you know they understand your commitments as an athlete,”** he says.



His advice for other athletes thinking of part time study...

“Initially I was upset that I wouldn’t graduate with my friends because I was only studying part time. But then after I did, my results in both my sport and study went up! It is worthwhile making a holistic plan incorporating study, sport and your social life”



FACTS

Sport: Athletics

Discipline: 110m Hurdles

Sporting Highlight:

Silver Medal at 2011 IAAF World Youth Championships

Academic Achievements

BSc (double major

Geography/Environmental Science)

BSc (honours) – Geography, Auckland University

**ATHLETE LIFE
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MAXIMISING ATHLETES' PERFORMANCE IN SPORT AND LIFE



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