

Hygiene and Sanitation Guidance for Sport and Recreation Facilities

Any sporting clubs or recreation facilities that intend to open to members within requirements of Alert Level 3 and 2 must ensure they are protecting any visitors and minimising the risk of spread of infection.

Before you open your facility you need to comply with the relevant [Health and Safety requirements](#) for Covid-19.

At all alert levels, clubs and facilities need to meet all public health guidelines. These include the following, although they may change over time:

- Regular disinfecting of surfaces.
- Encouraging good hand hygiene by allowing frequent hand washing and sanitising.
- Not having unwell people at your facility.
- Meeting physical distancing requirements.

Hygiene and physical distancing

Please ensure your facility follows cleaning guidance and members maintain government hygiene and physical distancing protocols. Relevant links are provided below:

- [Cleaning surfaces](#)
- [Physical distancing](#)
- [Washing your hands.](#)

Provide hand sanitiser at your facility, and ensure that soap and disposable hand towels are provided in toilets. Visitors must also bring their own clean towel to dry off any sweat while being active.

Spitting

All sport and physical activity must operate within public health guidelines outlined above, including personal hygiene. Spitting is an unhygienic practice and an offence under sections 3 & 4 of the Summary Offences Act 1981. Please ensure that people using your facility do not spit on any surface.

Contact Tracing

It's important to comply with contact tracing requirements. Sport New Zealand has provided separate guidance for contact tracing. You can access this information [here](#).

Food and drink

At Alert Level 3 food and drinks are not to be consumed in your facility. People should eat at home before or after visiting the facility. People should also use their own water bottles which should be thoroughly cleaned before and after each use.

If the facility has its own bar or kitchen where it sells food and drink, it may possible for the operate however it must comply with the requirements for hospitality businesses. Again, no food or beverages sold can be consumed within the facility. Below is the relevant requirement information for businesses to operate generally, and hospitality businesses specifically:

- [WorkSafe Covid-19 Safety Plan](#)

- [MPI Food Safety](#)

Equipment

- Visitors to your facility must bring their own personal equipment (towels, water bottles, etc).
- Ensure that people know to clean personal equipment before and after use.
- Make sure any shared equipment is cleaned before and after use with disinfectant, concentrating on points of contact.
- Make sure everyone washes their hands after handling equipment to prevent the spread of germs.

Shared facilities

Visitors must only be at the premise while they are participating in the activity session. It's important that everyone showers at home, and spends minimal time using any shared services at your facility . Make sure that people do not loiter or use this time as an opportunity to catch up with friends.

Key cleaning tips

Please ensure the facility is regularly and thoroughly cleaned. Consider the facility and what is frequently used and touched by anyone who uses it. The virus can be spread from person to person or by touching unclean equipment or surfaces. To stop the spread, focus efforts on cleaning areas where the virus is more likely to spread.

Regular cleaning of facilities will minimise the spread of infection by reducing visitors contact with contaminated surfaces.

- Schedule regular cleaning.
- Ensure the use of suitable cleaning products
- If using reusable cloths, these should be disinfected and then dried after use, as bacteria and viruses can still survive on damp cloths.
- Disposable gloves should be worn when cleaning and placed in the bin when finished.
- Physical distancing should also be practiced when cleaning facilities.

Make sure to clean surfaces with a suitable cleaner and/or disinfectant and follow the manufacturer's instructions for use. When choosing a suitable cleaning product, consider what the product is effective against and the length of time the product needs to be left on a surface to clean it properly.

Common internal touch points may include:

- Common pens for sign in sheet.
- Doors/door handles - look at all reasonable opportunities to remove them.
- High-touch surfaces such as stairwell handrails and chairs
- Sport equipment such as tennis nets.

Specialist Clean

If you discover that a visitor of your facility is a suspected, probable or confirmed case of Covid-19, your facility must undergo a specialist clean to ensure that any risk of the virus spreading at your facility is eliminated.

We recommend that you follow Ministry of Health cleaning guidance in this circumstance, which can be located [here](#).

The Infection Prevention and Control nurse at the local District Health Board/public health unit can provide further guidance if required.

Resources

- [Government Covid-19 website](#)
- [Information for businesses](#)
- [Ministry of Health Covid-19 information](#)