

# COVID-19 PROTECTION FRAMEWORK HPSNZ HEALTH AND SAFETY PLAN

# COMMON MEASURES AT ALL LEVELS:

#### **1. CONTACT TRACING**

Mandatory for everyone in the environment.

#### 2. HEALTH PROTOCOLS

Health triage is recommended to ensure people stay home if they are unwell

- health triage for all entering HPSNZ environments (including vaccine status confirmation)
- stay home if you feel unwell, are waiting for COVID-19 test results, or have been in contact with anyone diagnosed/suspected to have had COVID-19 in the last 14 days
- if you have flu symptoms, self-isolate at home and get tested immediately
- if you are unwell but do not have COVID-19, do not enter HPSNZ facilities until you have been symptom free for at least 48 hours.

## 3. SANITATION

- personal hygiene practices (e.g. wash and dry hands on entry and exit to facility)
- common touch points to be cleaned regularly
- equipment and surfaces to be sanitised after use – leave work-stations clear
- minimise sharing of equipment where possible.

## 4. PHYSICAL DISTANCING

Maintain distancing where possible.

#### 5. CONCERNS

Discuss with your line manager, regional manager or HR.

#### 6. SHARED FACILITIES

Landlord requirements to be observed in common areas.

#### MANDATORY VACCINE POLICY APPLIES

- Work from home where possible. HPSNZ offices open, but capacity capped to 50% occupancy (includes innovation lab and tenants) – access by appointment through online booking system
  - Masks recommended at all times, except when training
- Up to 100 people in training centres, no physical distancing requirements
- Performance Health / Gyms / Recovery pools / Saunas: open but access by appointment only
  - Other HPSNZ support, including HPSNZ forums, functions, events: remote / online delivery. Face to face delivery
    requires GM approval and limits apply (no more than 100 people, who must be seated with 1m physical distancing).
  - Pool cars available but essential staff travel only (as approved by GM)
  - Athlete lounges open but food is not available

#### - Work from HPSNZ facilities, unless otherwise agreed in line with flexible working policy

- Masks encouraged at all times, except when training
- No limits on numbers, no physical distancing requirements
- Performance Health / Gyms: open, drop in sessions available
- Other HPSNZ support, including HPSNZ forums, functions, events: face to face delivery
- Travel permitted, pool cars available

ORANGE

GREEN

#### - Work from HPSNZ facilities, unless otherwise agreed in line with flexible working policy

- Masks may be utilised as needed
- No limits on numbers, no physical distancing requirements
- Performance Health / Gyms: open, drop in sessions available
- Other HPSNZ support, including HPSNZ forums, functions, events: face to face delivery
- Travel permitted, pool cars available.