

COVID-19 PROTECTION FRAMEWORK HPSNZ HEALTH AND SAFETY PLAN

COMMON MEASURES AT ALL LEVELS:

1. CONTACT TRACING

Mandatory for everyone in the environment.

2. HEALTH PROTOCOLS

Health triage is recommended to ensure people stay home if they are unwell

- health triage for all entering HPSNZ environments (including vaccine status confirmation)
- stay home if you feel unwell, are waiting for COVID-19 test results, or have been in contact with anyone diagnosed/suspected to have had COVID-19 in the last 14 days
- if you have flu symptoms, self-isolate at home and get tested immediately
- if you are unwell but do not have COVID-19, do not enter HPSNZ facilities until you have been symptom free for at least 48 hours.

3. SANITATION

- personal hygiene practices (e.g. wash and dry hands on entry and exit to facility)
- common touch points to be cleaned regularly
- equipment and surfaces to be sanitised after use – leave work-stations clear
- minimise sharing of equipment where possible.

4. PHYSICAL DISTANCING

Maintain distancing where possible.

5. CONCERNS

Discuss with your line manager, regional manager or HR.

6. SHARED FACILITIES

Landlord requirements to be observed in common areas.

MANDATORY VACCINE POLICY APPLIES

- Work from home where possible. HPSNZ offices open, but capacity capped to 50% occupancy (includes innovation lab and tenants) – access by appointment through online booking system
 - Masks recommended at all times, except when training
- Up to 100 people in training centres, no physical distancing requirements
- Performance Health / Gyms / Recovery pools / Saunas: open but access by appointment only
 - Other HPSNZ support, including HPSNZ forums, functions, events: remote / online delivery. Face to face delivery
 requires GM approval and limits apply (no more than 100 people, who must be seated with 1m physical distancing).
 - Pool cars available but essential staff travel only (as approved by GM)
 - Athlete lounges open but food is not available

- Work from HPSNZ facilities, unless otherwise agreed in line with flexible working policy

- Masks encouraged at all times, except when training
- No limits on numbers, no physical distancing requirements
- Performance Health / Gyms: open, drop in sessions available
- Other HPSNZ support, including HPSNZ forums, functions, events: face to face delivery
- Travel permitted, pool cars available

ORANGE

GREEN

- Work from HPSNZ facilities, unless otherwise agreed in line with flexible working policy

- Masks may be utilised as needed
- No limits on numbers, no physical distancing requirements
- Performance Health / Gyms: open, drop in sessions available
- Other HPSNZ support, including HPSNZ forums, functions, events: face to face delivery
- Travel permitted, pool cars available.